

## **BLEEDING CONTROL, BANDAGING & IMMOBILIZATION SKILLS**

### **BLEEDING & BANDAGING SKILLS**

Bleeding Control: Direct Pressure, Elevation, Pressure on Supplying Vessel,  
Tourniquet, B.P. Cuff as a Tourniquet, M.A.S.T.

Shock Care  
Anchoring A Bandage  
Circular Turns: Open & Closed Spiral Bandage of a Limb  
Tying Off

Triangle Bandage For Scalp & Forehead  
Cravat Bandage For Forehead; Eyes or Ears  
Arm Sling  
Pressure Bandage With Cravat or Roller Gauze  
Seal a Sucking Chest Wound  
Care For Open Abdominal Wound / Evisceration  
Stabilize an Impaled Object  
Care for an Avulsion / Amputation  
Separating Burned Fingers

### **IMMOBILIZATION SKILLS**

Splint For Shoulder Fracture  
Splint For Humerus (closed fracture) (with / without board)  
Splint For Angulated Extremity  
Splint For Forearm & Wrist  
Splinting The Hand  
Splint For Upper Leg (Back Board with / without Blanket Roll Between  
Both Legs)  
Splint For Kneecap  
Splint For Lower Leg  
Splint For Ankle & Foot

Immobilization Of The Hip & Pelvis (sitting or lying patient)

Mechanical Traction Splint  
Use of Cervical Collars  
Log Roll / Straddle Lift  
Long Board Immobilization  
K.E.D. / Short Spine Board  
Rapid Takedown  
Rapid Extrication  
Helmet Removal